

# Without you, dementia will win

## Volunteer today

Join thousands of volunteers who are uniting with us against dementia.

Whatever your passion, if you have the time, we've got a place here for you.

### Find out more

[alzheimers.org.uk/volunteers](http://alzheimers.org.uk/volunteers)

### Email us

[phil.measures@alzheimers.org.uk](mailto:phil.measures@alzheimers.org.uk)

### Call us on

01522 437069 or 07525597930

Alzheimer's Society operates in England, Wales and Northern Ireland.  
Registered charity no. 296645.

