

LALC Training Bulletin—August 2024

Find us on

@LincsALC

& www.lalc.co.uk

enquiries@lalc.co.uk

Welcome to our monthly training bulletin.

Please share this with your councillors and other staff.

What's New This Month?

Councillor Induction & Refresher, 10th September, Mablethorpe—page 2 Councillor induction & refresher, 10th October, Woodhall Spa—page 2 CiLCA introductory session—change of date to 11th September—page 10



JADU Basics

The next scheduled JADU Basics course is in October (see page 3), however if there is sufficient interest, we may look at putting on an earlier session. Please register your interest at enquiries@lalc.co.uk.

Allotments Training

If you would be interested in Allotments Training, please register your interest via enquiries@lalc.co.uk. Once there is sufficient demand, we will look to organise a course.

Mentoring

Although we offer New Clerk training, LALC may also be able to offer one to one mentoring for new clerks. This usually consists of a number of phone or video conference sessions providing support and guidance as required. Sessions are charged at £20 plus VAT per hour. Contact us for enquiries.

Internal Audit

LALC can offer an Internal Audit service for its councils. This will consist of a mid-year audit to go through your governance in depth, and a light-touch audit at year-end enabling you to confidently sign off the AGAR. When you request an audit, we'll contact you to discuss what you need, agree the terms of service with you and then put you in touch with your internal auditor.

All our internal auditors are experienced clerks who will follow the guidance and process as per the JPAG Practitioners' Guide (Section 4—Best practice guidance for internal audit).

Contact us

Office: 01673 866596 Mobile 1: (Katrina) 07422 963475 Mobile 2: (Andrew) 07549 019842

Course	Description	Date(s)	Location
Councillor Induction & Refresher	Aimed at councillors with or without any experience, covering topics such as:	13th August 18:00—21:00	Zoom
	 The role of the council and councillors Legal obligations and the employer role Finance · Risk management Code of conduct 	10th September 18:00—21:00	Mablethorpe Town Council Office Stanley Avenue Mablethorpe LN12 1DP
	 Declarations of interest Community engagement Transparency code obligations 	10th October 18:00—21:00	Woodhall Spa Parish Council Office 17 Stanhope Avenue Woodhall Spa LN10 6SP
New Clerk's Induction	New Clerk's Induction Day, covering key points and duties for the Clerk's role. New Clerks may also want to consider attending Effective Meetings and End of Year & Audit Processes Briefing training.	28th August 10:00—16:00	LALC Office Dunholme Old School Market Rasen Road Dunholme LN2 3QR
Chair's Workshop	This training session will suit Chairs of parish and town councils, Chairs of Committees and Vice Chairs. Topics covered will include: Skills required Managing meetings Working with the Clerk, other councillors and officers Planning for success Understanding your Standing Orders, Financial Regulations and Code of Conduct Accountability Community engagement	17th September 18:00—21:00	Zoom

Course	Description	Date(s)	Location
Effective Meetings	Ideal for new clerks and an excellent refresher for existing clerks, covering: Agendas Apologies Interests Role of the Chair & Clerk Standing Orders Public Participation Recording & Broadcasting Confidential Matters Minutes Annual Parish Meetings Annual Parish Council Meeting Common Pitfalls	24th September 18:00—21:00	Zoom
LCC websites: JADU Basics	For clerks without any previous JADU experience who would like to manage their own Lincolnshire County Council Website.	25th October, 10:00—16:00	Skype
LCC websites: JADU Advanced	For clerks who have already received JADU training and who are already managing their Lincolnshire County Council website.	29th November 10:00—12:30	Skype

The planning system—delivered by:	AndrewTowlerton	
Description	Date(s)	Venue
 Helping councils understand their role within the planning system, this session explores: Roles and responsibilities of local councils in planning Local plan making The National Planning Policy Framework (2012) Guidance on how to respond effectively to planning applications Use of material considerations and Community Infrastructure Levy (CIL) system. 	4th September 13:00—15:00	New York Village Hall Langrick Road Wildmore LN4 4YD

Check out the Chris Moses podcasts produced as part of the Civility & Respect project



Podcast #1 — **Building an effective personnel committee**: Chris explains the importance of ensuring local councils have an effective personnel committee, what the responsibilities of the committee are and gives an overview of the critical issues.

https://www.youtube.com/watch?v=QXhfwMoVJ1g

Podcast #2 — **Recruitment:** Chris covers the critical considerations for councils about recruitment.

https://www.youtube.com/watch?v=DOMDep nWJU

Podcast #3 — **Handling grievances:** Chris covers the critical considerations for councils about handling grievances. This is an introduction to the subject and should be viewed alongside current grievance policies.

https://www.youtube.com/watch?v=QPj4d8t2T1o

Podcast #4 — **Handling disciplinary situations:** Chris covers some of the critical considerations for councils about handling disciplinary situations. This is an introduction to the subject and should be viewed alongside current grievance policies.

https://www.youtube.com/watch?v=m64iq42W2Xo

Podcast #5 — **Appraisals:** Chris covers some of the critical considerations for councils about appraisals. This is an introduction to the subject.

https://www.youtube.com/watch?v=1XEUWe1YZgM

Podcast #6 — **Sickness and absence:** Chris covers some of the critical considerations for councils concerning sickness and absence management. This is an introduction to the subject. https://www.youtube.com/watch?v=I6PVMOW1dmE

Finance—delivered by:

All sessions held via Zoom 10:00—11:40am unless otherwise specified*



Course	Description	Date(s)
VAT for VAT registered councils	For clerks, finance staff and councillors from councils that are VAT registered, who wish to develop their knowledge. This session explains when and how VAT registered local councils charge VAT, when they can reclaim it and when they can't. Essential for any council contemplating major building projects.	Unfortunately we are still waiting for Parkinson Partnership to set new dates for all their training. We hope to be able to have a new set of dates available in the next Training Bulletin.
Finance for Councillors	This session is for councillors only and is designed to give them a greater understanding of their duties with regard to the council's finances. Topics include: Roles and responsibilities; setting a budget and precept; Financial control; The Annual Governance & Accountability Return; Internal and external audit; How VAT applies to local councils	Awaiting new dates from Parkinson Partnership
New clerk's finance	This session is for inexperienced clerks in their first few months and is designed to give them an overview of a council's year, along with a basic understanding of the RFO's role. Topics include: Roles and responsibilities; Setting a budget and precept; Internal control; The Annual Governance & Accountability Return; Internal and external audit.	Awaiting new dates from Parkinson Partnership
VAT—Partial exemption	For clerks, finance staff and councillors of councils that lease or hire out land and buildings such as village halls, community centres, meeting rooms, sports facilities or markets, who need to understand when their council is at risk of not being able to reclaim VAT. Essential for any council contemplating major building projects, or incurring significant expenditure on running these facilities. Intended for those who already understand the rules of VAT and need to work out whether their council can reclaim VAT in relation to its use of land.	Awaiting new dates from Parkinson Partnership

Finance—delivered by:

All sessions held via Zoom 10:00—11:30am unless otherwise specified*



Course	Description	Date(s)
VAT for unregistered councils (VAT126)	For clerks, finance staff and councillors from councils that are not VAT registered, but reclaim VAT using Form VAT126. This session explains how VAT affects local councils. Essential for any council contemplating major building projects.	Awaiting new dates from Parkinson Partnership
	 Topics include: How VAT law applies to local councils Where to find the law and guidance Business and non-business activities Understanding whether sales are taxable or exempt 	
	 from VAT When a council must register for VAT When VAT can be reclaimed Partial exemption Reclaiming VAT when using grants and donations 	
Procurement	For anyone involved in procuring goods and services, preparing tenders or entering into contracts on behalf of local councils.	Awaiting new dates from Parkinson Partnership
	 This session is an introduction to the basics of procurement for local councils: Inviting quotes Producing specifications and tender documentation Achieving competition and value for money Managing contracts. 	
Internal controls	This session give councillors and clerks an understanding of the need for internal controls and how they work, with practical examples and case studies.	Awaiting new dates from Parkinson Partnership
	Topics include: Roles and responsibilities Financial risks Purpose of internal controls Case studies Examples of controls Review of internal controls	

Council Communications

All sessions held via Zoom. 1.5-2 hours.



£30 plus VAT.

Course	Description	Date(s)
Communicating with your community part 1: creating a communications strategy	Every local council should have a communications strategy. It should set out its communications priorities, aims and goals. In this session, we will consider how your council could create an effective communication strategy. One that is sustainable and supports your council. A strategy that considers your council's human and financial resources.	6th August 9:30 11th September 13:00 19th November 9:30
Communicating with your community part 2: engaging with your community	This session will focus on putting your council's communication plan into action. On how your council could connect with the community it represents. We will consider the ways your councils can communicate effectively and build conversations. We will equip you with tools and techniques to start engaging and getting messages across.	13th August 9:30 3rd October 13:00
How councils can recruit a more diverse pool of local councillors	How can you find and encourage a more diverse pool of people to stand or be co-opted as town or parish councillors? It is increasingly hard to find people who are willing to put their names forward either at election time or to be co-opted. Explore effective ways councils and councillors can engage people over time, building up their awareness and interest in the work of the council, in order to better promote and demystify the role of a councillor.	11th September 9:30 14th November 9:30
How councils can more effectively engage with young people in their communities	Councils often find it challenging to connect with young people. In this session, we will define "young people." Consider the issues important to 'young people.' Explore effective ways to engage online and offline. We will also offer insights on forming partnerships with local youth organisations.	27th August 9:30 11th October 9:30
Dealing with difficult people and conversations in our local councils	Handling professional relationships within local councils is critical. However, it can be tough dealing with challenging people and situations. In this session, we discuss practical techniques for managing difficult conversations and situations.	10th September 13:00 12th November 9:30

Book Breakthrough Communications training via:

https://breakthroughcomms.co.uk/calc-training-events/

Select 'Lincolnshire Association of Local Councils (LALC)' as the county association for billing purposes

Council Communications

All sessions held via Zoom. 1.5-2 hours.





Course Description		Date(s)
Get the most from local and regional media	Local newspapers, magazines, regional TV, and radio offer local councils a way to communicate with residents. However, dealing with journalists and the media can be intimidating. In this session we will consider how to establish positive relationships with journalists. How to write impactful press releases. Ensure that your council gets regular and positive coverage in your local media.	1st October 9:30
Crisis communications for local councils	A crisis could strike at any point. Anything from flooding to a meeting going viral. There are many ways in which you could find yourself in the eye of the media storm. This session takes participants through the detail of preparing for any crisis. Passing on expert tips and guidance on being prepared. On the effective steps your council could take should the worst happen.	2nd October 9:30
Social media part 1: Getting started with social media for local councils	Social media is a great tool for councils to use to improve their communication. In this session you will learn the basics and how to get started right. We will focus on creating a social media strategy and the basics of Facebook. Our goal is to share with you time-saving tools and techniques. Hopefully, this will help you and your council to be more confident using social media.	8th August 9:30 9th September 9:30
Social media part 2: Advanced social media strategies and tactics for local councils	Councils often use different social media platforms to connect with the community. This session explores a wide range of social media platforms. There will be a focus on how to get the most from key social media platforms. Exploring the ways of ensuring that social media supports your council to achieve its goals and aims. We will also introduce you to social media advertising.	10th October 9:30
Councillors training: Social media skills for parish and town councillors	It has never been more important for councillors to understand social media. In the session we will go through the confusing world of social media communications. It is designed for both social media users and those new to it. During the session you will learn where to focus your time and effort. We will point out the pitfalls. Consider difficult situations. Most importantly we will help you as a councillor to get the most from social media.	25th September 18:30 13th November 18:30

Book Breakthrough Communications training via:

https://breakthroughcomms.co.uk/calc-training-events/

Council Communications

All sessions held via Zoom. 1.5-2 hours.





Course	Description	Date(s)	
Emotional intelligence and resilience in practice for clerks, councillors and officers	This a practical workshop to help you thrive in your council role. We provide council officers and councillors with an understanding of where our behaviour comes from, we consider what resilience means in the context of our council roles and how to build emotional intelligence. We'll explore council-focused scenarios and how best to respond to each of them.	Awaiting new dates	
Councillors training: Chairing council and public meetings effectively	The effective chairing of meetings is a good skill for a councillor to have. This session is for councillors that have been recently elected. It is also aimed at those wanting a refresher. During the session we will consider how to effectively prepare for meetings. How to get the most out of the meetings you chair and dealing with tricky situations.	14th August 18:30 23rd September 18:30	
Canva Part 1—Getting started	Canva is a design tool that can be used for free. It allows you to quickly create posters, newsletters, and other physical documents. You can also create images and videos for social media and websites. This session is for people who have never used Canva before. We will go through the basics and show you how to get the most out of the free version. Our goal is to get you started with Canva and to help your Council to communicate better.	15th August 9:30 23rd September 9:30 21st November 9:30	
Canva Part 2—Advanced	During the session we will focus on the advanced features of Canva. This session is for experienced users of it. In part 2 of our Canva training we will show you how your Council can get more out of it. For instance, creating complex designs and a brand for your Council. We will also cover integrating Canva with social media. There will be a particular focus on creating social media videos and using the scheduling tools.	29th August 9:30 15th October 9:30	

Book Breakthrough Communications training via:

https://breakthroughcomms.co.uk/calc-training-events/

Select 'Lincolnshire Association of Local Councils (LALC)' as the county association for billing purposes

Courses delivered directly by LALC or partners

CiLCA	Lincolnshire Association of Local councils	years	CiLCA COGNISED TRAINER
Description	Date(s)	Fee	Location
Introductory session available for candidates to decide whether they are ready to pursue this qualification. To obtain CiLCA it is advisable that you have at least 12-months' experience of local government procedures. This is a Level 3 qualification equivalent to A' Level standard and you will need approximately 200 hours to complete your portfolio.		Introductory session is free	LALC Office Dunholme Old School Market Rasen Road Dunholme LN2 3QR
To attend the formal CiLCA training sessions (below), the LALC fee applies. This fee includes 6-months' mentoring.		£275 plus VAT	
When you are ready to register for the CiLCA qualification, the SLCC fee will apply. (Payable direct to SLCC).		£450 (no VAT)	

FTF sessions are held at the LALC Office: Dunholme Old School, Market Rasen Road, Dunholme, LN2 3QR

CiLCA Day 1 (FTF): LO1—LO10	9th October, 10:00—16:00
CiLCA Day 2 (FTF): LO11—LO20	6th November, 10:00—16:00
CiLCA Day 3 (FTF): LO21—LO30	4th December, 10:00—16:00

Remote sessions are all held via Zoom

CiLCA Day 1 (Remote): LO1—LO5	Awaiting dates in 2025
CiLCA Day 2 (Remote): LO6—LO10	Awaiting dates in 2025
CiLCA Day 3 (Remote): LO11—LO15	Awaiting dates in 2025
CiLCA Day 4 (Remote): LO16—LO20	Awaiting dates in 2025
CiLCA Day 5 (Remote): LO21—LO25	Awaiting dates in 2025
CiLCA Day 6 (Remote): LO26—LO30	Awaiting dates in 2025

Offerings from LALC partners

Dispute Resolution Programme

Personnel
Advice &
Solutions Ltd

(Chris Moses)

Personnel Advice & Solutions Ltd has produced a Dispute Resolution Programme aimed at councils struggling with employment issues. The purpose of the programme is to help councillors understand their role as employers, the employment laws that affect how they carry out that role, and practical steps to address employment disputes. The programme consists of three separate 30 minute Zoom recordings that can be sent to the council, and then distributed to all councillors for them to watch in their own time.

For further details contact p.d.solutions@zen.co.uk

Module	Description	Fee
1—Awareness	Helps councillors and employees understand their role as employers and managers and understand what they can and cannot do. It explains the unique working environment that makes town and parish Councils very different from other employers, and how that environment is prone to disputes.	£150 plus VAT
2—Legal issues	Explains what a Council's legal obligations are, the need to comply with statutory guidelines, and the current legal framework that determines how disputes can be addressed in town and parish councils. It addresses: The causes of conflict and disputes; What legal action can be taken against councils and councillors who mismanage employee disputes; Understanding the ACAS Guidelines and requirements of the Localism Act 2011 for resolving employee disputes and Code of Conduct complaints.	£150 plus VAT
3—Practical issues	Helps Councils to work within the spirit of the ACAS Guidelines to resolve disputes between councillors and employees, as well as fully comply with all of their legal obligations. It discusses various informal options to resolve the problem. Plus if the matter has to be submitted to the Monitoring Officer, it helps Councils to effectively support employees through that process. Including: The importance of employment procedures that are fair and transparent, right for small organisations and understood by all parties, as required by the ACAS Guidelines; Understanding the difference between a Grievance and a Code of Conduct complaint; Steps to support an employee whose health is affected by a dispute; Supporting an employee to make a balanced, evidenced and professional complaint to the Monitoring Officer, if necessary and appropriate.	£150 plus VAT
Ad-hoc Zoom session	We can also conduct a Zoom meeting (30 – 60 minutes), with Councils to discuss the points covered by these modules.	£250 plus VAT

Emergency First Aid At Work —delivered by: £72.50 plus VAT	MEDR	OC TRAINING
Description	Date	Venue
Upon completion participants will receive a certificate, in recognition of demonstrating competence in Emergency First Aid at Work.	24th September 9:30—16:30	Dunholme Old School 8 Market Rasen Road Dunholme LN2 3QR
The certificate is valid for 3 years .		
If you've done this course before, please check your certificate in case it has expired/is due to expire soon. If so, here's your opportunity to get it renewed.		

Play area routine inspections —delivered by: £72.50 plus VAT	THE MAN OF THE ME COLOR	The Play Inspection Co.
Description	Date(s)	Venue
Please note that there will be no exam option on this training session. The morning will consist of a presentation and in the afternoon there will be on-site practical training.	12th September 9:30—15:30	Washingborough Community Centre The Sports Pavilion Fen Road Washingborough LN4 1AB

Memorial Management & Inspections—delivered by:

£72.50 plus VAT (Heavily discounted from ICCM public courses)



Description	Date(s)	Venue
Course Overview: Scope of the problem; Legal/health & safety issues.	10th September 10:00—16:00	Dunholme Old School 8 Market Rasen Road Dunholme
Inspection of memorials: How to start; Initial inspection; Inspection forms; The inspection - visual &		Lincoln LN2 3QR
physical; Actions; Programme of work; Consecrated		LIVE SQI
ground (England only); Other considerations and guidance (MoJ/HSE guidance)		
Codes of practice, Registration Schemes, Right to end a memorial, Unauthorised memorials, Practical inspections.		
Suitable for: anyone involved in managing or working in a cemetery, or with responsibility for cemeteries.		
The afternoon session will take place in a cemetery, therefore suitable outdoor clothing must be worn, together with sensible boots or shoes.		

An Introduction to Neighbourhood Planning and Design Codes—delivered by: £30 plus VAT		wTowlerton ociates
Description	Date(s)	Venue
Designed to give local councils an understanding of what is involved in the development of a Neighbourhood Plan and associated documents such as Design Codes, with a view to enabling them to get started or review an existing one.	4th September 10:00—12:00	New York Village Hall Langrick Road Wildmore LN4 4YD
Including: An overview of the Neighbourhood Plan process; What Design Codes are and how they relate to neighbourhood planning; Resources, including grant fundings; Other options; Impact of possible planning reforms.		

Courses delivered directly by LALC or partners

eLearning - delivered by	/ :	oicohlo [®]	
£25 plus VAT per course.		nimble	
Essential Skills			
Course	Description		
Anti-bribery essentials	 and advice on stayir you should be ableted Define bribery at the stand the Recognise what Know the six probribery policies 		
Anti-money laundering essentials	identify and prevent be able to: Describe what re Understand UK what they cove Explain how to	 Describe what money laundering is and how it is done Understand UK legislation and regulations regarding money laundering and what they cover Explain how to prevent money laundering Recognise the consequences of non-compliance with anti-money laundering 	
Customer service essentials	'customer service to complaint resolution Understand the interactions Communicate r to face, and in v Provide a bette 'toolkit' Understand the	 interactions Communicate more persuasively and effectively via the phone, video calls, face to face, and in writing Provide a better level of customer service by using your customer service skills 'toolkit' 	
Data Protection essentials	training for anyone this course, you sho Recognise why and society as a Understand rele penalties for br Work with infor	fair and effective data management is important to individuals whole evant data protections legislation and regulations, along with the	

Contact LALC to book Nimble eLearning—these cannot be booked via the LALC website

eLearning - delivered by	:	
£25 plus VAT per course.		nimble
Essential Skills		
Course	Description	
Display Screen Equipment (DSE) workstation assessment essentials	posture and safe wor risk assessment that you should be able to • Understand the i • Identify whether • Recognise the eff • Adjust your post	mportance of DSE workstation assessment you are a high, medium or low-risk user fects of poor posture ure so that you have a good posture while working estation to suit you
Environmental awareness essentials	This course addresses the environmental crisis and looks at what businesses can do to reduce their impact on climate change and other pressing environmental issues. By the end of this course, you should be able to: Recognise the benefits of a greener approach to your working practices Know how positive action in the workplace can make a difference to our environment Take steps to reduce the negative impact your workplace can have on the environment Make waste management choices that are better for the planet	
Equality, diversity and inclusion essentials	 This course addresses threats to equality such as discrimination, harassment and victimisation, and looks at how you can promote fairness, diversity and inclusion at work. By the end of this course, you should be able to: Understand what is meant by 'equality', 'diversity' and 'inclusion', and recognise how they benefit us Identify who is protected by the Equality Act, and explain what happens if their rights are compromised Recognise discrimination and other unfair practices in the workplace and know how to act on them Understand what you can do yourself to promote equality, diversity and inclusion 	
Fire safety essentials	This course highlights the essentials of fire safety awareness in the office environment and when working from home. It explores best practice fire safety procedures and provides an overview of the equipment required under fire safety regulations. By the end of this course, you should be able to: • Understand employers' responsibilities under fire safety law • Prevent fires by using the fire triangle theory • Identify fire safety signs and appreciate the importance of knowing where they are in your workplace • Identify fire safety equipment and understand how it should be used • Recognise the need to periodically check fire safety procedures • Carry out the fire safety procedures in place for your organisation	

Courses delivered directly by LALC or partners

eLearning - delivered by: £25 plus VAT per course.		nimble
Essential Skills		
Course	Description	
Freedom of information essentials	 This course addresses the essentials of the Freedom of Information Act, highlighting who it applies to and how to handle and respond to different types of requests for information. By the end of this course, you should be able to: Recognise when and where the main provisions of the Freedom of Information Act apply Understand the types of information that will be shared in an organisation's publication scheme Make or handle requests for information in an appropriate way Understand the rights of individuals under the Act and the consequences of not complying with the legislation 	
Health and safety essentials	 This course provides an understanding of potential health and safety issues at work, the legislation surrounding it, and how to improve safety in your workplace. By the end of this course, you should be able to: Recognise what health and safety is important for individuals, employers and society as a whole Understand the frameworks of health and safety legislation Recognise the responsibilities your employer has for your health and safety Use a range of health and safety techniques and good practice to help keep yourself safe at work (and beyond) 	
Home working essentials	This course offers guidance on effective home working, and covers workspace set-up, safety at home, communicating remotely, and maintaining productivity. By the end of this course, you should be able to: Recognise the characteristics of an effective home working environment Develop and maintain safe home working behaviours Maintain effective information security and data protection practices Understand the important of good communication when working remotely Identify practical strategies to increase your productivity Recognise the importance of looking after your mental health and wellbeing	
Human factors essentials	This course explores the role and impact of human error in the workplace. You'll learn how to manage common 'error traps' and understand which Human Performance (HuP) tools you can use to mitigate error traps that can't be removed. By the end of this course, you should be able to: Understand the main types of errors that humans make Identify key workplace error traps in order to remove or manage them Recognise which Human Performance (HuP) tools can be used to mitigate error traps that can's be removed	

Contact LALC to book Nimble eLearning —these cannot be booked via the LALC website

Courses delivered directly by LALC or partners

eLearning - delivered by	:	nimble	
123 plus VAT per course.			
Essential Skills			
Course	Description		
Information security awareness essentials	and explores best p work. By the end of • Recognise why • Identify secure • Protect informa • Improve your a	 Identify secure working practices to safeguard company data Protect information when working remotely and on mobile devise Improve your awareness of online risks and how to stay safe on the internet 	
Manual handling essentials	or lifting tasks, and the end of this cour Recognise the part of the	manual handling risks, advises on how to properly plan moving looks at proper technique to be used when manual handling. By se, you should be able to: potential risks of injury from manual handling tasks importance of keeping yourself and colleagues safe from risk of manual handling factors and take steps to reduce risks d lifting tasks more effectively inque when handling loads—individually, as a team, and with place aids	
Menopause essentials	This course helps you become more 'menopause aware' and overcomes the stigma. Menopause symptoms affect 75% of all women and yet there's still a widespread lack of understanding and reluctance to talk about it. It will help you recognise symptoms and understand the impact menopause can have on you and your workplace. By the end of this course, you should be able to: Recognise how menopause affects women in different ways Take steps to create a more supportive workplace for those experiencing menopause		
Modern slavery essentials	might suggest a vulus should be able to:	measures available to punish perpetrators and support	

Contact LALC to book Nimble eLearning —these cannot be booked via the LALC website

eLearning - delivered by:		nimble
£25 plus VAT per course.		
Essential Skills		
Course	Description	
Personal safety essentials	 advice on how to ke travelling. By the en Recognise the i Understand how Avoid situations Practice safe be 	improve personal safety awareness and provides tips and ep yourself at work, at home, in public places and while d of this course, you should be able to: mportance of confidence and preparation in staying safe w reducing 'opportunity' for criminals increases safety and environments that may place you at greater risk shaviours at work, home, in public, and while travelling to if you feel unwell or become a victim of crime
Stress management essentials	This course explains what stress is, looks at ways to reduce stress and offers coping strategies to better manage stress levels. By the end of this course, your should be able to: Understand and identify stress and why it can be detrimental for you Identify stress and stressors in yourself and others Reduce your exposure to stress Develop your own Wellness Action Plan Implement coping strategies in your work and personal life	
Team leadership essentials	This course explores what it means to be an effective team leader by examining leadership styles and the essential skills required to get a team to thrive under your directions. By the end of this course, you should be able to: Understand your own leadership style Apply your knowledge of leadership styles in different situations Know how to build relationships and engage your team members Identify and employ effective team leadership skills and techniques	
Time management essentials	This course will help you claim back control of your time with easy-to-implement techniques that will help you better manager and organise your daily workload, making you more productive in your role and, by default, everyday life. By the end of this course, you should be able to: Understand why good time management is important Recognise common challenges to effective time management Apply techniques to improve your own time management skills	
Working at height essentials	law. It demonstrate the Working at Heig and follow best prac you should be able • Recall which ty • Recognise your Height Regulati • Identify risks m • Plan a safe app	identify activities that are classed as work at height under the show employers and employees need to work together under h Regulations (2005) to implement safety measures, assess risks ctice for any work performed at height. By the end of this course, to: Dee of activities classify as 'work at height' (WaH) employer's and your own responsibilities under the Work at lons 2005 (WaH) Dest commonly associated with working at height roach to performing work at height and leaning ladders safely

eLearning - delivered by: £25 plus VAT per course.		nimble
Course	Description	
COSHH Essentials	substances in the able to: Explain what (Identify and ir Recognise haz understand the	ands of workers suffer from illnesses caused by hazardous workplace. By the end of this course, learners should be COSHH is and why it's important in the workplace atterpret the hazard symbols used in COSHH cardous substances you might encounter at work and neir risks to your health leasures and safe handling to minimise your exposure to estances
Infection Control Essentials	This course covers the fundamentals of how to slow the spread of those harmful microbes which can make us unwell. T he online learning is aimed at anyone who might come into contact with infections during their work. Reducing the spread of everyday illnesses is desirable for everyone. We all want fewer periods of illness and less risk of passing infection on to others!	
Unconscious Bias Essentials	Have you ever jumped to the wrong conclusion or misjudged someone you just met? We all do it, with just about everyone we come across. We make snap judgements about people based on the very little information we know about them. And mostly, we do it without even knowing. Our unconscious biases can have a big influence on how we feel about people and affect the decisions we make every day. Because these biases are often rooted in inaccurate or incomplete information, they can lead to unfair assumptions and poor decision-making, without us realising. This course aims to increase your awareness of unconscious bias and give practical tips on how you can reduce the effect it has on your decisions, attitudes and behaviour.	

eLearning - delivered by: £25 plus VAT per course.		nimble
Local (parish and town) council courses		
Course	Description	
Introduction to local councils	and is suitable for n activities to help yo end of this course, y • Understand the • Identify the cou • Appreciate how • Identify the prii • Recognise the o	veloped by Warwickshire Association of Local Councils (WALC) ew councillors and council officers. It includes a range of u develop your knowledge of parish and town councils. By the you should be able to: e role of the local councillor uncil's purpose v decision are made nciples of public life council's legal context w the council manages its money
Introduction to planning for local councils	This course was developed by Warwickshire Association of Local Councils (WALC) and is suitable for new councillors and council officers. It includes a range of activities to help you develop your knowledge of parish and town councils. By the end of this course, you should know: • What is planning? • Role of the Parish Council • What is controlled by planning • Types of planning applications • Material & non-material considerations • The parish council recommendation • Planning conditions • Developer contributions	
Understanding precepts	and is suitable for coor would like inform By the end of this co What a precept What a Parish (reloped by Warwickshire Association of Local Councils (WALC) ouncillors, clerks and other officers who may be new to the role nation on what the precept is and how it works for the council. ourse, you should know: t is and how a Parish Council receives it Council needs to do in preparation for setting it ouncil can justify the money it seeks consulted

Courses delivered directly by LALC or partners

eLearning - delivered by: £25 plus VAT per course.		Umple
Course	Description	
Standards in public life Civility 8 Respect N COLABORATION WITH SLCC NALC OWN. COUNTY ASSOCIATIONS	working in local cou councillors. Information is based Government Associations of council's code of co	arily designed to support those elected or co-opted and/or ncils, to understand the principles of conduct expected of all d upon national model code of conduct produced by The Local ation but recognises that councillors must abide by your own nduct, and so also provides some generic support for those aderstand the behaviours expected of all councillors.
Respectful and positive social media for councils and councillors Civility 8 Respect	This introductory module from Breakthrough Communications will consider the opportunities and risks associated with social media from a civility and respect perspective. It will explore a range of proactive and pre-emptive strategies councils and councillors can put in place to set themselves up for success. It will explore what to do if things go wrong and how to manage a range of scenarios from trolling to harassment and what practical steps you can take,	
Leadership in challenging situations for councils and councillors Civility 8 Respect	This introductory module from Breakthrough Communications will consider different leadership styles in the context of your role at the council, exploring which styles we personally 'default' to and which styles can work effectively for different situations. It will also discover how to build, support and get the most from an effective and motivated team.	
An introduction to emotional Intelligence and personal resilience Civility 8 Respect NI COLLABORATION WITH SLICE, NAILE, OVAL COURTY ASSOCIATIONS	understanding of whemotional intelligent the council. There w	odule from Breakthrough Communications will develop a better here our behaviour comes from and will consider what ce and resilience means for us in the context of our roles within will be opportunities to explore role-focussed scenarios and light respond to them. It will also explore strategies to deal with explore of situations.

Contact LALC to book Nimble eLearning —these cannot be booked via the LALC website

Courses delivered directly by LALC or partners

eLearning - delivered by: £25 plus VAT per course.		nimble
Course	Description	
An introduction to changing behaviours Civility 8 Respect N COLLABORATION WITH SLCC. NAIL, OVEN, COUNTY ASSOCIATIONS	Best-selling author and leading authority on resilience and behavioural agility, Liggy Webb, teaches us how we can rewire our brains to form new neural connections, freeing ourselves from pre-learnt behaviours to bring about positive change. By the end of this course, you should be able to: Be aware of how habits and behaviours form Understand the psychological habit loop Identify and focus on what you want to change Set yourself an action plan to make positive behavioural changes	
An introduction to resilience Civility 8 Respect N COLABORATION WITH SLCC. MALC. CHANG COUNTY ASSOCIATIONS	Best-selling author and leading authority on resilience and behavioural agility, Liggy Webb, brings us the core principles and practical advice needed to build our personal resilience via positivity and the ability to successfully deal with change. By the end of this course, you should be able to: Understand the fundamental principles of personal resilience Be more aware of the benefits of being open and receptive to change Think positively and view challenges more optimistically Take personal responsibility and commit to positive action	
An introduction to behavioural agility Civility & Respect IN COLABORATION WITH SLCC. NALC. CVVV. COUNTY ASSOCIATIONS	Best-selling author and leading authority on resilience and behavioural agility, Liggy Webb, shows us how to reduce unhealthy stress and lighten our loads by adopting a growth mindset and embracing change. By the end of this course, you should be able to: • Adopt a growth mindset and explore your potential • Understand how to positively embrace change as an essential evolution for personal success • Let go of unhelpful thinking and learn to manage uncertainty and complexity • Tap into your dynamic capability and be bolder	
Mental health awareness Civility & Respect IN COLLABORATION WITH SLICE NAUL COURTY ASSOCIATIONS	This course has been developed by healthcare training experts, Espirita. It seeks to highlight the issues related to mental health disorders and ensure that learners are equipped with practical knowledge on how to recognise, manage and support those suffering from poor mental health—which could include themselves.	

Contact LALC to book Nimble eLearning —these cannot be booked via the LALC website



LALC Training Bulletin—August 2024

Find us on (f) (2) (a) (Lincs ALC & www.lalc.co.uk enquiries@lalc.co.uk

After each training session you will be sent an email asking you to complete a short feedback form (**CLICK ON THE FEEDBACK LINK**). Please take the time to complete this. Without your feedback, we cannot assess the effectiveness of the training we provide.

If you're looking for training not currently on our schedule, please let us know.

The LALC Annual Training Scheme (ATS): 1st April 2024—31st March 2025

CORE training is included in the ATS. This covers essential training that is common to all councils. Light refreshments e.g. tea/coffee are provided. Member councils will be invoiced £12.50 plus VAT per delegate to cover lunch for full day (in-person) events.

Councils who are not members of the ATS can still attend but additional charges apply (as per non-core training below).

NON-CORE training is not included in the ATS and an additional charge of £30 plus VAT per delegate for any morning/afternoon/evening session (including refreshments) will apply. There will be a charge of £72.50 plus VAT per delegate for an all-day in person event (including lunch and refreshments). An all-day remote session will be charged at £60 plus VAT.

Non-core charges apply to ATS and non-ATS members.

Please note that ATS charges are in addition to the LALC annual membership fees.

Bookings

Bookings should be made by the Clerk via the online portal, unless otherwise specified. When booking via the portal, **please ensure that delegate email addresses are correct**, otherwise they will not receive joining instructions. For those courses specifying 'contact LALC', email enquiries@lalc.co.uk.
*Please notify us if a delegate has specific dietary, learning or access requirements when booking.

Cancellations

- For part day courses please ensure we receive cancellations at least 48 hours in advance
- For full day events please ensure we receive cancellations at least 5 working days in advance, as we need to pre-order and pay for lunches

Due to persistent non-attendance at booked events, it is unfortunate that LALC have had to amend the way we impose our cancellation fees. All members are charged 50% of the training cost when insufficient notice is received (as above) for non-attendance at training events. No shows will be charged at 100% of the course fee. All charges are regardless of whether the council is a member of the ATS or not.

Contact us

Office: 01673 866596 Mobile 1: (Katrina) 07422 963475 Mobile 2: (Andrew) 07549 019842